MOUNTAIN BIKERS

Respect your local trail builders and be a good steward of the physical environment. Keep singletrack single by staying on the trail. Practice Leave No Trace principles. Carry out your rubbish. Do not ride muddy trails because it causes rutting, widening and maintenance headaches. Ride through standing water, not around it. Ride (or walk) technical features, not around them.

On multi-use trails mountain bikers give way to horses and foot traffic. There are some regional and local differences on single-use trails so make sure you check trail signage.

Building unauthorised singletrack or adding unauthorised trail features are detrimental to our access. Poorly built features could also seriously injure other trail users. Get involved and help your local club or trail care alliance maintain and construct trails.

RIDE IN CONTROL

Speed, inattentiveness and rudeness are the primary sources of trail conflict among user groups. If you need to pass, slow down, ring a bell or verbally announce yourself, and wait until the other trail user is out of the path. Use extra caution around horses, which are unpredictable. Be extra aware when riding trails with poor sight lines and blind corners, and make sure you can hear what's going on around you.

Be prepared and self-sufficient. Every mountain biker should carry what they need for the ride they're undertaking, and know how to fix a flat tyre or make minor repairs. Download a GPS trail app such as TrailForks on your phone for navigation or carry a map in unfamiliar locations. Ride with a partner or share your riding plan with someone if you're heading out solo.

When it comes to wildlife, live and let live. Never frighten animals. Respect them and their environment.

Adapted from Responsible Riding, IMBA Rules of the Trails.

